

ROASTING BEEF PRICES :

ROLLED FILLET BEEF	£45.00 PER KG
ROLLED RIB EYE	£31.99 PER KG
ROLLED RIB EYE ON BONE	£29.99 PER KG
ROLLED SIRLION	£29.99 PER KG
ROLLED WING RIB	£28.99 PER KG
ROLLED SIRLOIN ON BONE	£27.99 PER KG
ROLLED FORE RIB	£26.99 PER KG
WING RIB ON BONE	£21.99 PER KG
FORE RIB ON BONE	£19.99 PER KG
TOPSIDE CROWN CUT	£14.99 PER KG
SILVERSIDE	£13.99 PER KG
TOP RUMP	£13.99 PER KG

STEAKS

RIB EYE STEAKS	£33.99 PER KG
RIBEYE BONE IN	£24.99 PER KG
SIRLOIN STEAKS	£32.99 PER KG
COTE DE BEOUF	£28.99 PER KG
T BONES	£27.99 PER KG
RIB EYE ON BONE	£26.99 PER KG
TOMAHAWKS	£26.99 PER KG
RUMPS STEAKS	£23.99 PER KG
BEEF WELLINGTONS	£39.99 PER KG

BRAISING AND STEWING

LEG OF BEEF	£10.99 PER KG
LEG OF BEEF ON BONE	£8.99 PER KG
FEATHER BLADE	£12.99 PER KG
CHUCK	£12.99 PER KG
BRISKET OFF BONE	£10.99 PER KG
BRISKET ON BONE	£8.99 PER KG
SHORT RIBS	£9.99 PER KG
OXTAIL	£9.99 PER KG
MINCE	£9.99 PER KG

FROM CYPRUS

PASTOURMA	PACK OF 4/AMOUNT	£10.99 PER KG
LOUKANIKA	THIN/THICK/PACK/AMOUNT	£11.99 PER KG
LOUNZA	SINGLE/DOUBLE/PIECE	£13.99 PER KG
HALLOUMI TUBS		£14.50 EACH
HALLOUMI (HALLOUMAS)	SINGLE/DOUBLE	£15.99 PER KG
HALLOUMI TRADITIONAL (GREEN)		£2.75 EACH
HALLOUMI CYPRUS		£14.99 PER KG
FETA CHEESE		£2.99 EACH
GREEK YOGHURT KOLIOS		£2.99 EACH

TARAMASALADA	SMALL/LARGE	£1.50/£2.50
TZATZIKI	SMALL/LARGE	£1.50/£2.50
HOUMOUS	SMALL/LARGE	£1.50/£2.50
TAHINI	SMALL/LARGE	£1.50/£2.50
CYPRIT PITTA BREAD	SMALL/LARGE	£1.50/£2.75
OLIVE OIL		£8.99 EACH
HOMEMADE SHEFTALIAS		£7.99 PER KG
CHARCOAL	15KG BOX/12KG BAG/5KG B	£20/£16/£7 EACH
FIRELIGHTERS		£1.50 EACH
FIRELIGHTER FLUID		£2.99 EACH

FROM THE DELI

XMAS COOKED HAMS ON BON	PLAIN/ORANGE+BREADCR	£13.99 PER KG
XMAS COOKED HAMS OFF BO	PLAIN/ORANGE+BREADCR	£16.99 PER KG
HAM	SLICED/PIECE	£16.99 PER KG
TURKEY	SLICED/PIECE	£14.99 PER KG
BEEF	SLICED/PIECE	£19.99 PER KG
SALAMI	DANISH/ ITALIAN	£19.99 PER KG
PARMA HAM	SLICED/PIECE	£29.99 PER KG

GALA PIE	SLICES/WEIGHT	£8.99 PER KG
BLACK PUDDING	RING/WEIGHT	£8.99 PER KG
WHITE PUDDING	RING/WEIGHT	£8.99 PER KG

BRIE CHEESE		£16.99 PER KG
STILTON CHEESE		£19.99 PER KG
PARMASAN CHEESE		£24.99 PER KG
DOLCELATTE CHEESE		£21.99 PER KG
BLACK BOMBER TRUFFLES CHEESE		£4.99 EACH

FREE RANGE ROMNEY SALT MARSH LAMB PRICES :

WHOLE LEGS	£11.99 PER KG
HALF LEGS	£12.99 PER KG
SHOULDERS	£10.99 PER KG
HALF SHOULDERS	£11.99 PER KG
BONELESS LEG	£13.99 PER KG
BONELESS SHOULDER	£12.99 PER KG
RUMPS	£25.00 PER KG
CHUMP CHOPS	£15.99 PER KG
LOIN CHOPS	£15.99 PER KG
BEST END CHOPS	£19.99 PER KG
FRENCH TRIMMED BEST ENDS	£24.50 PER KG
MIDDLE NECK	£12.99 PER KG
SADDLE CHOPS	£15.99 PER KG
LEG STEAKS	£13.99 PER KG
NECK FILLETS	£18.99 PER KG
BREASTS	£6.99 PER KG
MINCE	£11.99 PER KG

DUTCH VEAL

VEAL TOPSIDE	£17.99 PER KG
VEAL STEAKS	£29.99 PER KG
VEAL CHOPS	£21.99 PER KG
SHIN OF VEAL	£15.99 PER KG
CALVES LIVER	£28.99 PER KG

HOMEMADE BURGERS

BEEF	£9.99 PER KG
LAMB	£9.99 PER KG
CHICKEN	£9.99 PER KG
TURKEY	£9.99 PER KG

SEASONAL FRESH FRUIT AND VEG

CYPRUS POTATOES	£1.50 PER KG
ENGLISH POTATOES	£1.00 PER KG
SWEET POTATOES	£2.99 PER KG
RED ONION	£1.99 PER KG
WHITE ONION	£1.25 PER KG
CARROTS	£1.25 PER KG
CHANTANNEY CARROTS	£3.99 PER KG

PARSNIPS	£3.99 PER KG
RED CABBAGE	£1.99 EACH
WHITE CABBAGE	£1.25 EACH
SAVOY CABBAGE	£1.99 EACH
GREEN CABBAGE	£1.25 EACH
BROCCOLI	£3.99 PER KG
CAULIFLOWER	£1.99 EACH
SPROUTS	£3.99 PER KG
LEEKS	£2.99 PER KG
COURGETTES	£2.99 PER KG
AUBERGINES	£3.99 PER KG
RED PEPPER	£3.99 PER KG
YELLOW PEPPER	£3.99 PER KG
GREEN PEPPER	£3.99 PER KG
FLAT MUSHROOMS	£5.99 PER KG
CUP MUSHROOMS	£3.99 PER KG
PORTABELLO MUSHROOMS	£6.99 PER KG
VINE TOMATOES	£2.99 PER KG
CHERRY VINE TOMATOES	£7.99 PER KG
CUCUMBER	£1.25 EACH
PARSLEY BUNCH	£1 BUNCH
CORRIANDER BRUNCH	£1 BUNCH
GARLIC	£12.99 PER KG
GINGER	£12.99 PER KG
CHILLIES	£14.99 PER KG
APPLES	3 FOR £1
BANANAS	£2.99 PER KG
ORANGES	3 FOR £1
LEMONS	3 FOR £1
LIMES	£0.50p EACH

PRICES CHANGE ON A WEEKLY BASIS
DUE TO MARKET FLUCTUATION

**FREE RANGE SUFFOLK
PORK PRICES :**

LEG OF PORK	£7.99 PER KG
BONELESS LEGS	£8.99 PER KG
BLADE BONES	£6.99 PER KG
BONELESS BLADES	£7.49 PER KG
BELLIES	£7.99 PER KG
BONELESS BELLY	£8.99 PER KG
HAND & SPRING	£6.59 PER KG
THICK END OF BELLY	£7.99 PER KG
LOIN OF PORK	£8.99 PER KG
BONELESS LOIN	£10.99 PER KG
NECK ENDS	£5.99 PER KG
NECK ENDS OFF THE BONE	£6.99 PER KG
LOIN CHOPS	£8.99 PER KG
PORK STREAKS	£10.99 PER KG
SPARE RIB CHOPS	£7.99 PER KG
PORK RIBS	£7.99 PER KG
MINCE	£6.99 PER KG

BACON

BACK BACON (SMOKED/UNSMOKED)	£12.99 PER KG
STREAKY BACON (SMOKED/UNSMOKED)	£12.99 PER KG

GAMMON/GREEN

UNCOOKED GAMMON ON BONE UNSMOI	£7.99 PER KG
UNCOOKED GAMMON OFF BONE UNSMC	£8.99 PER KG
UNCOOKED GAMMON ON BONE SMOKEI	£7.99 PER KG
UNCOOKED GAMMON OFF BONE SMOKE	£8.99 PER KG

HOMEMADE SAUSAGES

PLAIN PORK	£9.49 PER KG
CUMBERLAND	£9.99 PER KG
LINCOLNSHIRE	£9.99 PER KG
PORK & LEEK	£9.99 PER KG
CHILLI	£9.99 PER KG
BEEF	£10.99 PER KG
CHICKEN	£10.99 PER KG
CHIPOLATAS	£9.99 PER KG
VENISON & RED WINE	£10.99 PER KG
WILD BOAR & APPLE	£10.99 PER KG
CHORIZO	£16.99 PER KG
PIGS IN BLANKETS (TRAY 20)	£13.99 PER KG
SAUSAGE MEAT	£8.99 PER KG

HOMEMADE PIES & PASTIES

STEAK & KIDNEY PIE (SMALL/LARGE)	£1.80/£4.75
CHICKEN & MUSHROOM (SMALL/LARGE)	£1.80/£4.75
MINCED BEEF & ONION (SMALL/LARGE)	£1.80/£4.75
PASTIES	£1.75 EACH
PORK PIES	£1.75 EACH
SEASONAL GAME PIES	
SEASONAL TURKEY & HAM PIES	

STOCKS & GRAVIES

VEGETABLE STOCK	£3.49 EACH
CHICKEN STOCK	£3.49 EACH
TURKEY STOCK	£3.49 EACH
VEAL STOCK	£3.49 EACH
BEEF STOCK	£3.49 EACH
BEEF & RED WINE GRAVY	£3.49 EACH
CHICKEN & WHITE WINE GRAVY	£3.49 EACH
LAMB AND PORT GRAVY	
BRANDY & PEPPERCORN SAUCE	£3.49 EACH
HOLLANDAISE SAUCE	£3.49 EACH

CUT OFF DAY FOR XMAS ORDERS 17TH DEC
TO GUARANTEE WEIGHTS AND SIZES

FREE RANGE SUFFOLK POULTRY PRICES :

WHOLE CHICKEN	£5.49 PER KG
CHICKEN LEGS	£5.99 PER KG
CHICKEN THIGHS	£6.99 PER KG
CHICKEN DRUMSTICKS	£5.99 PER KG
CHICKEN BREASTS	£6.49 PER KG
CHICKEN FILLETS	£11.99 PER KG
CHICKEN WINGS	£4.99 PER KG
CHICKEN CUSHIONS	£7.99 PER KG
POUSSIN	£3.00 EACH

XMAS FREE RANGE TURKEYS

4 - 4.9KG TURKEY	£14.99 PER KG
5 - 6.9 KG TURKEY	£14.49 PER KG
7 - 8.9 KG TURKEY	£13.99 PER KG
9 - 10.9 KG TURKEY	£12.99 PER KG
11+ KG TURKEY	£11.99 PER KG

ADDITIONAL £0.60p PER KG FOR BRONZE BIRDS

TURKEY CROWN ON BONE	£18.99 PER KG
BONELESS ROLLED TURKEY BREAST	£16.99 PER KG
BONELESS ROLLED STUFFED TURKEY	£15.99 PER KG
TURKEY LEGS	£9.99 PER KG
FREE RANGE GEESE	£15.99 PER KG
FREE RANGE DUCKS	£8.99 PER KG
DUCK BREASTS	£18.99 PER KG
DUCK LEGS	£9.99 PER KG
CAPON	£10.99 PER KG
GUINEE FOWL	£7.99 PER KG
PHEASANT	£6.00 EACH
3 BIRD ROAST (CALL SHOP)	

ALL FREE RANGE

VENNISON/RABBIT

HAUNCH ON BONE	£22.99 PER KG
HAUNCH OFF BONE	£24.99 PER KG
DICED	£16.99 PER KG
MINCED	£14.99 PER KG
RABBIT	

OFFAL

PIGS LIVER	£5.99 PER KG
PIGS HEARTS	£6.69 PER KG
PIGS KIDNEYS	£5.99 PER KG
LAMBS LIVER	£8.69 PER KG
LAMBS HEARTS	£7.69 PER KG
LAMBS KIDNEY	£8.99 PER KG
OX HEARTS	£7.49 PER KG
OX KIDNEYS	£6.99 PER KG
OX CHEEKS	£12.99 PER KG
CHICKEN LIVERS	£5.99 PER KG

STUFFINGS

SAGE AND ONION
CRANBERRY AND ORANGE
PARSLEY AND THYME
CHESTNUT

APPLE AND CIDER
GARLIC AND ROSEMARY

MARINADES (ON REQUEST)

BBQ
CHINESE
GARLIC BUTTER
SPICY
PEPPERED STEAK
GARDEN MINT